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For over 50,000 organisations
by distance & quality

Care Homes
Domiciliary Care Services
Extra Care Schemes

For more information on:
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Independent Financial Advisers
Support Groups

Please Call: 0800 731 8470

What is My Care My Home?

My Care My Home Ltd. www.mycaremyhome.co.uk
was set up by The Shaw Foundation and Shaw
Organisation to give advice to those who have
to pay for some or all of their care.

The Shaw Foundation
is an Exempt charity founded in 1992 providing
accommodation, advice and support for people
who need it.

The Shaw Organisation www.shaw.co.uk
is one of the larger healthcare operators in the UK.
It employs over 4000 care and nursing staff in care
homes, community hospitals and domiciliary care
services throughout England, Scotland and Wales.
Its senior management team provides advice and
direction to My Care My Home Ltd.



All the help
you need with

Your care
Your home
Paying for it

info@mycaremyhome.co.uk
www.mycaremyhome.co.uk

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Cardiff CF3 0LT

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Your Care

We can help you:

Employ your own personal assistants

Find a home care agency

Find an extra care flat

Find a care home

Negotiate your care contract

Monitor your care

Manage your care provider



Your home

Adapting your home for care:

Bathroom

Toilet

Kitchen

Stairs

Aids for care

Rent part/all of your home:

Adapt for rent

Find tenant/lodger

Collect rent

Manage repairs

Sell your property:

Clear the property

Prepare for sale

Sell



Paying for it

Calculating income and costs:

NHS/Council help

Other grants

Pensions and investments

Income and investments

Care costs

Accommodation costs

Insurance for life-long care:

Annuity (Immediate)

Annuity (Deferred)

Costs

Affording care insurance:

Sell your property

Equity release

Care property bond