



## Fact Sheet No 11

### What will your Care cost?


 The cost of your care depends on the Care Lifestyle you choose. For further information on the options open to you see My Care My Home Fact Sheet No 3 “Choose the Care Lifestyle you want”

The cost of Care in your own home has three elements.

- The number of care hours you receive each week (For further information see My Care My Home Fact Sheet No 2 “What is an Initial Care Needs Assessment? How do you get one?”)
- The cost of any changes you make to your home to make it easier or more economical to have receive care in your own home (See My Care My Home Chargeable Service No 7 “Preparing an initial report on your property to identify: potential for letting part of it, indicative costs, rent and sales values.
- Your everyday costs of living at home: heating, other utilities, rates, food, travel and entertainment.

 The cost of care in a retirement living complex Care or in an Extra Care scheme depends on:

- The number of care hours you need to receive each week (For measurement of these see order form for Free and Chargeable services; Service No 2)
- The rent you pay on the apartment (if you choose to rent it rather than buying it: some schemes are only available for rent and some only for purchase)
- The Service charge you pay for living in the apartment; this includes some of the costs you would have paid if you had stayed in your previous home eg Rates as well as contributions to heating, lighting and maintaining the parts of the complex that are shared between all the apartment owners.
- The utilities that you use within your flat; these are likely to be less than you would have paid in your previous home.

 The cost of care in a care home includes both care and “hotel services” which include accommodation, food, cleaning etc

- All the basic costs of living (food, accommodation, heating, lighting, cleaning etc) are included in the weekly fee charged by the care provider.
- So also is the cost of the personal care and support from the care staff together with whatever personal or medical help you may need.
- However some homes may make additional charges. Where you need a level of personal care and support which is significantly greater than that needed by most residents in the home then this may result in the home charging you a higher weekly fee. For further information on this see My Care My Home Fact Sheet No 2 “What is an Initial Care Needs Assessment? How do you get one?” and Fact Sheet No 8 “Negotiating the terms of your care contract”.

 **Indicative Revenue costs of each type of care.**

- These costs vary over the UK and also depend upon the type of property and the degree of speciality of the care.
- The figures overleaf illustrate the wide difference in your revenue costs depending on which care lifestyle you choose.

## Comparing the cost of three care lifestyles: An Illustration

Item	Care in your own Home	Care in an Extra Care/Retirement Scheme	Care in a Care Home
Rent, Service charge, Rates	-	£95 pw	-
Heat, Light, Telephone, Rates	£60 pw	-	-
Travel	£15 pw	£5pw	-
Food, Clothes, Entertainment	£60 pw	£60 pw	£10 pw
<b>Total excluding care</b>	<b>£135 pw</b>	<b>£160 pw</b>	<b>£10 pw</b>
Domiciliary Care (11 hours pw)	£140 pw	£140 pw	-
Care Home Fees	-	-	£750 pw
<b>TOTAL including Care/ Care Home Fees per week</b>	<b>£275</b>	<b>£300</b>	<b>£760</b>
<b>TOTAL per year</b>	<b>£14,300</b>	<b>£15,600</b>	<b>£39,520</b>